

Selby Striders Summer Handicap Competition 2008

Last update 02/11/2008

Name	Race 1				Race 2				Race 3				Total points
	Distance	Time	Points	Bonus	Distance	Time	Points	Bonus	Distance	Time	Points	Bonus	
TURFORD, Adie	10k	00:44:17	1204	75	Half Marathon	01:35:49	1627	200	10k	00:43:41	1324	75	4505
STRANGWAYS, Sandra	10k	0:56:07	1093	75	10	01:31:28	1396	125	10k	00:54:30	1349	75	4113
MAY, Andrea	8.74	01:12:28	1134	125	10k	00:49:24	1206	75	10k	00:50:02	1093	75	3709
STANLEY, Alice	10k	00:52:00	1012	75	10k	00:51:56	1024	75	10k	00:52:04	1000	75	3261
BRIGGS, Ellen	8.74	01:27:33	449	125	10k	00:58:07	775	75	10k	00:53:19	1537	75	3036
WILKINSON, Ian	10k	00:44:20	821	75	10k	00:44:25	804	75	10k	00:44:10	856	75	2706
HEADLEY, Fiona	Marathon	03:51:58	1285	300	10k	00:53:07	278	75	10k	00:52:00	482	75	2496
ROBERTSON, Ian	Marathon	03:18:12	508	300	10k	00:39:50	706	75	10k	00:39:44	729	75	2392
FREER, Richard	10k	00:45:40	694	75	10k	00:46:18	564	75	10k	00:46:25	541	75	2024
MCWILLIAM, Rob	10k	00:38:24	338	75	Half Marathon	01:25:11	570	200	Half Marathon	01:25:05	581	200	1963
HEADLEY, Stephen	Marathon	03:51:59	726	300	10k	00:49:40	327	75	10k	00:48:59	460	75	1963
PICKERING, Barry	Half Marathon	01:44:31	682	200	10k	00:47:30	375	75	10k	00:47:30	375	75	1782
RIPLEY, Matt	Half Marathon	01:34:20	320	200	10k	00:40:55	457	75	10k	00:41:18	367	75	1494
ALLIT, Mark	10k	00:46:22	252	75	10k	00:45:24	455	75	10k	00:45:46	378	75	1310
BEISLY, Brian	10k	00:46:24	428	75	10k	00:46:57	315	75	10k	00:47:05	287	75	1255
PICKERING, Jean	8.6	01:41:51	0	125	10k	01:08:12	7	75	10k	01:03:48	652	75	934
INGLEDEW, Steve	10k	00:47:05	98	75	10k	00:44:45	588	75					836
DETHRIDGE, Guy	10k	00:51:16	541	75									616
FROST, Louisa	10k	00:57:52	0	75	10	01:36:46	0	125	Half Marathon	02:18:41	0	200	400
SWASH, Kevin	10k	00:45:44	0	75	8.6	01:11:00	0	125	Half Marathon	01:51:13	0	200	400
DUGHER, Chris	10k	00:46:30	0	75	10k	00:47:13	0	75					150
SELLERS, Les	10k	00:47:59	0	75									75
DODGSON, Bob	10k	00:45:57	0	75									75
FOWLER, Paul	10k	00:45:35	0	75									75